

The Setting

Green & Away is Britain's only eco-friendly tented conference centre. The centre is built anew in a meadow every summer, on an organically run farm near Worcester, with a river and plenty of trees. The centre is set up as a showcase of sustainable living, and the staff are volunteers who enjoy working to facilitate environmental and social change.

The atmosphere is friendly and relaxed. The marquees and yurts for lectures and workshops are arranged around a central meeting area and campfire. There is a licensed bar and there are hot showers, washing facilities and composting toilets. All electricity on site is sun- or wind-generated.

Participants bring their own tents and bedding.

The food is vegetarian and mostly organic, grown on site or sourced from local suppliers. Bread is baked fresh daily. Local beer and cider, organic wine and soft drinks are available at the bar.

More detailed information is available on the HerbFest UK website: www.herbfestuk.co.uk and on the Green & Away website: www.greenandaway.org



HerbFest 2010

July 23rd – July 25th

Programme Summary

Fri 23rd	Arrival and registration Lunch, opening ceremony Lectures Evening entertainment
Sat 24th	Full day of lectures and workshops, with evening entertainment
Sun 25th	Half day of lectures and workshops Closing ceremony Lunch Pack up and leave

Full programme details will be sent out nearer the event. You can also check on the website for updates, as well as more information about the lecturers, and you can book securely online.

www.herbfestuk.co.uk



HerbFest UK Organisers:

Christine Herbert 01953 603 056

Karin Haile 01428 682 005

Anne McIntyre 01451 810 096

Julie Bruton-Seal 01508 488 295

Supported by The Association of Master Herbalists



HerbFest 2010

Friday July 23rd – Sunday July 25th

*a Celebration
for Herbalists*



at Green & Away
Britain's only eco-friendly
tented conference centre

Lectures, workshops and forums with

- Rocio Alarcon • Fiona Shakeela Burns
- Christine Herbert • Nick Hurn
- Dedj Leibrandt • John Lockley
- Sebastian Pole • Phillip Weeks
- David Winston • Donna Bryant Winston

Celebrate Herbal Connections & Community



Come and enjoy this unique opportunity to celebrate your connections to a wider herbal community and deepen your knowledge and healing skills.

HerbFest is a herbal gathering combining informative lectures, practical workshops and plant walks with time to relax and enjoy each other's company. There will be a choice of activities throughout the day, and entertainment in the bar or around the central campfire in the evenings.



David Winston leading a herb walk in 2008

- Deepen your knowledge
- Share your skills
- Experience green living
- Recharge your batteries
- Catch up with old friends
- Make new friends
- Earn CPD points
- Have fun!

Speakers

Rocio Alarcon

- *Shamanic practices in our daily lives*
- *Practical and simple practices with plants from Europe to treat stress – beverages, teas and bathing*

Fiona Shakeela Burns

- *Embracing the monster – a herbalist's personal cancer healing story*

Christine Herbert

- *Food intolerance – a vital factor in holistic treatment*

Nick Hurn

- *Sweatlodge*
- *Meditation*

Dedj Leibrandt

- *Chinese herbs for Western herbalists and how to use them in tincture form*

John Lockley

- *Dancing with our ancestors – a Sangoma journey of prayer through rhythm and dance*

Sebastian Pole

- *Rejuvenating the mind: herbs to heal the spirit (tastings and divinations)*
- *Pathways to perfect health: traditional wisdom amongst modern madness*

Philip Weeks

- *The lost science of medical alchemy*
- *Face reading*

David Winston

- *Differential treatment of anxiety and depression*
- *Comparative ethno-medicine, different views to health and healing*

Donna Bryant Winston

- *Herbal liqueurs and elixirs: for medicine – for pleasure*
- *Holistic assessment – using the nursing 4 phase process*

For information about the lecturers, as well as updates and information on additional workshops, lectures and forums go to our website: www.herbfestuk.co.uk

Booking Form 2010

Full price £205. Earlybird discount (if payment is received by 30th April) and herbal student discount £180

The booking fee includes:

- All lectures, workshops and herb walks
- All food and drink, except from the bar
- Campsite with hot showers
- Evening entertainment

Name/names

Address

Telephone

E-mail

Professional or student association

I would like to book spaces

- before 30th April or as a student, and enclose the earlybird payment of £180 per person
- after 30th April, enclosing the full fee of £205 per person

In tune with the environmental ethos of the centre, participants are encouraged to come by public transport, or to carpool. A £10 surcharge is charged per car for parking.

- I will be travelling by car and enclose £10 parking surcharge (refundable if your plans change later)
- Car registration

There are a limited number of spaces for children available. There will be some activities for children, but parents will be expected to participate in supervision. Children will be charged a reduced fee according to age. Please call for details:

Christine Herbert 01953 603 056

Cancellation: If we cannot fill your place, £75 of the booking fee is non-refundable. If we can fill your place, the full fee will be returned minus a £25 handling fee.

I enclose a total payment of £..... made payable to:
The Association of Master Herbalists
Send to: Christine Herbert, 15 Queen Street, Spooner Row, Norfolk NR18 9JU